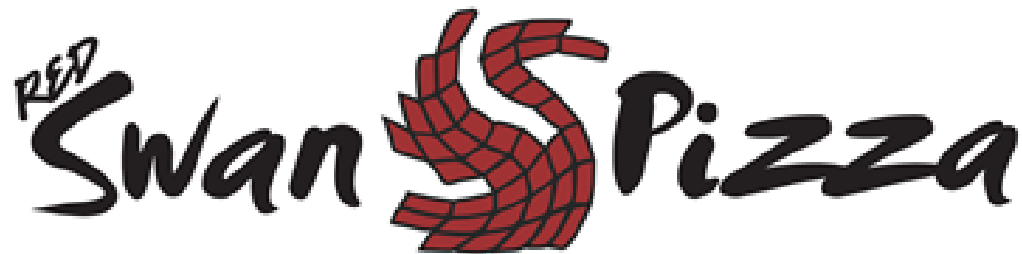


Nutrition Guide





Nutrition Facts														% Daily Value		
No	ITEM	Serving Size	Weights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Cholesterol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %
<p>NOTE: We put Sesame SeedS as topping on outer ring of crust on all our pizza types. Please contact restaurant to remove when order by phone or unselect sesame seeds while ordering online.</p>																
TRADITIONAL PIZZA	1 DOUBLE CHEESE PIZZA															
	Personal 8"	1 Pizza	252	720	33	19	1	65	3	4	36	85	1080	10	58	22
	Small 10"	1/2 Pizza	227	650	30	17	1	59	3	3	33	75	980	9	50	19
	Medium 12"	1/3 Pizza	219	620	29	17	0.5	57	3	3	31	75	940	7	50	19
	Large 14"	1/4 Pizza	214	610	28	16	0.5	56	3	3	31	70	920	7	50	19
	Xlarge 16"	1/5 Pizza	217	620	29	17	0.5	56	3	3	31	75	930	7	50	19
	2 THREE CHEESE PIZZA															
	Personal 8"	1 Pizza	278	760	36	20	1	71	4	7	36	85	1600	10	54	28
	Small 10"	1/2 Pizza	240	660	31	17	1	62	3	6	31	75	1390	9	46	25
	Medium 12"	1/4 Pizza	177	490	23	13	0.5	46	2	5	23	55	1020	6	35	17
	Large 14"	1/5 Pizza	187	510	24	13	0.5	48	3	5	24	60	1080	6	38	19
	Xlarge 16"	1/6 Pizza	198	540	26	14	0.5	51	3	5	26	60	1140	6	38	19
	3 PEPPERONI MUSHROOM PIZZA															
	Personal 8"	1 Pizza	265	650	26	13	0.5	70	4	7	30	70	1370	11	38	31
	Small 10"	1/2 Pizza	237	580	23	11	0.5	63	4	7	27	60	1220	10	35	28
	Medium 12"	1/4 Pizza	177	430	18	9	0.4	47	3	5	20	45	920	7	23	19
	Large 14"	1/5 Pizza	190	460	19	9	0.4	50	3	5	21	50	980	7	27	22
	Xlarge 16"	1/6 Pizza	202	490	20	10	0.5	54	3	6	23	50	1040	9	27	22
	4 PEPPERONI BACON MUSHROOM PIZZA															
	Personal 8"	1 Pizza	290	730	34	16	0.5	69	4	6	36	90	1540	16	38	31
	Small 10"	1/3 Pizza	174	430	20	9	0.4	41	3	3	21	55	910	10	23	17
	Medium 12"	1/4 Pizza	196	500	23	11	0.4	47	3	4	24	60	1040	11	23	19
	Large 14"	1/5 Pizza	210	530	24	12	0.5	50	3	4	26	65	1110	11	27	22
	Xlarge 16"	1/7 Pizza	215	480	22	11	0.4	46	3	4	24	60	1020	11	23	19
	5 PEPPERONI PIZZA															
	Personal 8"	1 Pizza	253	640	26	12	0.5	70	4	7	29	65	1350	10	38	31
	Small 10"	1/2 Pizza	227	570	23	11	0.5	62	4	6	26	60	1210	9	35	28
	Medium 12"	1/3 Pizza	219	550	22	11	0.5	60	3	6	25	55	1170	9	31	25
	Large 14"	1/5 Pizza	182	460	19	9	0.4	50	3	5	21	45	970	7	27	22
	Xlarge 16"	1/6 Pizza	193	490	20	10	0.4	53	3	5	22	50	1030	7	27	22
	6 HAWAIIAN PIZZA															
	Personal 8"	1 Pizza	303	620	21	11	0.3	72	3	11	34	80	1730	14	35	25
	Small 10"	1/3 Pizza	185	380	13	7	0.2	44	2	6	21	50	1060	9	19	17
	Medium 12"	1/4 Pizza	208	430	14	8	0.2	49	2	7	23	55	1190	10	23	17
	Large 14"	1/6 Pizza	185	380	13	7	0.2	44	2	6	21	50	1060	9	19	17
	Xlarge 16"	1/7 Pizza	202	410	14	7	0.2	48	2	7	22	50	1160	10	23	17
	7 BEEF & BACON PIZZA															
	Personal 8"	1 Pizza	295	770	36	18	1	71	4	6	38	90	1470	14	46	28
	Small 10"	1/3 Pizza	171	440	21	11	0.5	41	2	4	22	50	850	9	27	17
	Medium 12"	1/4 Pizza	190	490	23	12	0.5	46	3	4	24	60	940	10	31	19
Large 14"	1/5 Pizza	201	520	24	12	0.5	49	3	4	26	60	1000	10	31	19	
Xlarge 16"	1/6 Pizza	212	550	26	13	0.5	51	3	5	27	65	1050	11	35	19	
8 BBQ SHRIMP PIZZA																
Personal 8"	1 Pizza	327	810	27	15	0.5	102	4	31	33	90	1970	11	46	28	
Small 10"	1/3 Pizza	188	470	16	8	0.4	58	2	18	19	55	1130	6	27	17	

Nutrition Facts														% Daily Value			
No	ITEM	Serving Size	Wights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietory Fiber (g)	Sugars (g)	Protein (g)	Cholestrol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %	
TRADITIONAL PIZZA	Personal 8"	1 Pizza	312	710	28	14	0.5	76	4	8	37	65	2030	14	42	31	
	Small 10"	1/3 Pizza	179	410	16	8	0.4	44	2	4	21	35	1170	9	23	17	
	Medium 12"	1/4 Pizza	197	450	18	9	0.4	48	3	5	23	40	1280	9	27	19	
	Large 14"	1/5 Pizza	209	480	19	9	0.5	51	3	5	25	40	1370	10	27	22	
	Xlarge 16"	1/7 Pizza	191	440	17	9	0.4	46	3	5	23	40	1240	9	27	19	
	18 TERIYAKI CHICKEN PIZZA																
	Personal 8"	1 Pizza	353	760	23	12	0.4	100	4	23	36	70	1940	9	38	28	
	Small 10"	1/3 Pizza	190	410	13	7	0.2	54	2	12	19	40	1040	5	19	14	
	Medium 12"	1/4 Pizza	212	450	14	7	0.2	60	2	14	21	45	1160	5	23	17	
	Large 14"	1/6 Pizza	191	410	13	7	0.2	54	2	12	19	40	1050	5	19	14	
	Xlarge 16"	1/7 Pizza	211	450	14	7	0.2	60	2	14	21	45	1160	5	23	17	
	19 CHICKEN BACON RANCH PIZZA																
	Personal 8"	1 Pizza	391	1010	57	19	1	79	4	12	41	115	1820	13	38	28	
	Small 10"	1/3 Pizza	214	550	31	11	0.5	44	2	7	22	65	1000	7	19	14	
	Medium 12"	1/5 Pizza	187	480	27	9	0.4	38	2	6	20	55	870	6	17	13	
	Large 14"	1/6 Pizza	206	530	30	10	0.5	42	2	6	22	60	960	6	19	14	
	Xlarge 16"	1/8 Pizza	196	500	29	10	0.4	40	2	6	20	55	910	6	19	14	
	20 ALFREDO CHICKEN BACON PIZZA																
	Personal 8"	1 Pizza	357	780	35	18	1	73	4	6	39	100	1670	13	42	28	
	Small 10"	1/3 Pizza	198	430	19	10	0.4	41	2	3	22	55	930	7	23	14	
	Medium 12"	1/4 Pizza	221	480	22	11	0.5	45	2	4	24	60	1030	7	27	17	
Large 14"	1/6 Pizza	198	430	19	10	0.4	41	2	3	22	55	930	7	23	14		
Xlarge 16"	1/8 Pizza	195	420	19	10	0.4	40	2	3	21	55	910	6	23	14		
21 CREAMY AVOCADO PIZZA																	
Personal 8"	1 Pizza	302	670	31	15	0.5	71	5	5	26	60	1040	9	35	22		
Small 10"	1/3 Pizza	169	370	17	9	0.4	40	3	3	15	30	580	5	19	13		
Medium 12"	1/4 Pizza	191	420	19	10	0.4	45	3	3	17	35	660	5	23	14		
Large 14"	1/5 Pizza	209	460	21	11	0.5	49	4	4	18	40	720	5	23	14		
Xlarge 16"	1/7 Pizza	191	420	19	10	0.4	45	3	3	17	35	660	5	23	14		

NOTE: We put Sesame SeedS as topping on outer ring of crust on all our pizza types. Plaese contact restaurant to remove when order by phone or unselect sesame seeds while ordering online.

GOURMET PIZZA																	
GOURMET PIZZA	22 SPICY PEROGY PIZZA																
	Personal 8"	1 Pizza	318	870	47	24	1	74	4	4	42	110	1820	11	58	25	
	Small 10"	1/3 Pizza	184	510	27	14	0.5	43	2	2	25	65	1060	6	31	14	
	Medium 12"	1/4 Pizza	212	590	32	16	0.5	49	3	3	28	75	1220	7	38	17	
	Large 14"	1/6 Pizza	190	520	28	14	0.5	44	3	3	25	65	1090	6	35	14	
	Xlarge 16"	1/7 Pizza	206	570	31	15	0.5	48	3	3	28	70	1180	6	38	17	
	23 SPICY CHICKEN PIZZA																
	Personal 8"	1 Pizza	309	660	26	12	0.5	72	4	9	32	65	1460	13	38	28	
	Small 10"	1/3 Pizza	181	380	15	7	0.4	42	2	5	19	40	860	7	23	17	
	Medium 12"	1/4 Pizza	205	430	17	8	0.5	48	3	6	21	45	970	9	23	19	
	Large 14"	1/6 Pizza	183	390	15	7	0.4	43	2	6	19	40	870	7	23	17	
	Xlarge 16"	1/7 Pizza	200	430	17	8	0.5	47	3	6	21	45	950	9	23	19	
	24 CHICKEN SUPREME PIZZA																
	Personal 8"	1 Pizza	334	660	24	12	0.4	77	5	12	35	75	1250	15	35	28	
	Small 10"	1/3 Pizza	192	380	14	7	0.2	44	3	7	20	45	720	9	19	17	
	Medium 12"	1/4 Pizza	218	430	15	8	0.2	50	3	8	23	50	820	10	23	14	
	Large 14"	1/6 Pizza	194	390	14	7	0.2	44	3	7	20	45	730	9	19	17	
	Xlarge 16"	1/7 Pizza	212	420	15	7	0.2	49	3	8	22	50	790	10	23	19	
	25 PICANTE PIZZA																
	Personal 8"	1 Pizza	315	810	39	18	0.5	74	5	8	40	105	2020	13	42	36	
	Small 10"	1/3 Pizza	185	480	23	10	0.4	44	3	5	23	60	1190	7	23	22	

Nutrition Facts														% Daily Value		
No	ITEM	Serving Size	Wights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Cholesterol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %
	Medium 12"	1/4 Pizza	205	530	25	12	0.5	48	3	5	26	65	1310	9	27	25
	Large 14"	1/6 Pizza	190	490	23	11	0.4	45	3	5	24	60	1220	7	23	22
	Xlarge 16"	1/7 Pizza	209	540	26	12	0.5	49	4	5	26	70	1340	9	27	25
26	ALL MEAT PIZZA															
	Personal 8"	1 Pizza	315	800	38	16	0.5	73	5	8	38	105	2260	14	31	36
	Small 10"	1/3 Pizza	189	480	23	10	0.4	44	3	5	23	60	1360	9	19	22
	Medium 12"	1/4 Pizza	211	530	25	11	0.5	49	4	6	26	70	1510	10	19	25
	Large 14"	1/6 Pizza	193	490	23	10	0.4	45	3	5	23	65	1390	9	19	22
	Xlarge 16"	1/8 Pizza	192	480	23	10	0.4	44	3	5	23	60	1360	9	19	22
27	ALL DRESSED PIZZA															
	Personal 8"	1 Pizza	346	700	27	13	0.4	77	5	15	34	80	1820	14	35	31
	Small 10"	1/3 Pizza	211	420	16	8	0.2	47	3	9	21	50	1110	9	23	19
	Medium 12"	1/5 Pizza	192	390	15	7	0.2	43	3	8	19	45	1010	7	19	17
	Large 14"	1/7 Pizza	188	380	15	7	0.2	42	3	8	19	45	990	7	19	17
	Xlarge 16"	1/9 Pizza	189	380	15	7	0.2	42	3	8	19	45	990	7	19	17
28	ITALIAN SUPREME PIZZA															
	Personal 8"	1 Pizza	308	750	37	17	0.5	69	5	8	33	85	1650	13	38	33
	Small 10"	1/3 Pizza	188	460	22	10	0.4	42	3	5	20	55	1010	9	23	19
	Medium 12"	1/4 Pizza	215	520	26	12	0.5	48	4	6	23	60	1150	10	27	22
	Large 14"	1/6 Pizza	197	480	23	11	0.4	44	3	5	21	55	1050	9	23	19
	Xlarge 16"	1/8 Pizza	190	460	23	10	0.4	43	3	5	21	55	1020	9	23	19
29	MEAT FANS PIZZA															
	Personal 8"	1 Pizza	315	810	40	18	0.5	72	5	8	39	105	2190	13	38	36
	Small 10"	1/3 Pizza	189	490	24	11	0.4	43	3	5	24	65	1320	7	23	22
	Medium 12"	1/4 Pizza	211	540	27	12	0.5	48	4	5	26	70	1470	9	27	25
	Large 14"	1/6 Pizza	193	500	24	11	0.4	44	3	5	24	65	1340	9	23	22
	Xlarge 16"	1/8 Pizza	192	490	24	11	0.4	44	3	5	24	65	1340	9	23	22
30 (A)	BEEF TACO PIZZA															
	Personal 8"	1 Pizza	371	750	37	19	1.5	73	6	8	38	95	2010	10	50	28
	Small 10"	1/3 Pizza	215	440	21	11	0.5	42	3	4	22	55	1170	5	31	17
	Medium 12"	1/5 Pizza	188	380	19	10	0.5	37	3	4	19	50	1020	5	27	14
	Large 14"	1/6 Pizza	210	430	21	11	0.5	41	3	4	21	55	1140	5	31	17
	Xlarge 16"	1/8 Pizza	203	410	20	10	0.5	40	3	4	21	50	1100	5	27	14
30 (B)	CHICKEN TACO PIZZA															
	Personal 8"	1 Pizza	396	760	34	18	1	76	5	8	42	100	1860	14	50	25
	Small 10"	1/3 Pizza	220	420	19	10	0.5	42	3	4	23	55	1030	7	27	14
	Medium 12"	1/5 Pizza	191	360	16	9	0.4	37	2	4	20	50	890	6	23	13
	Large 14"	1/6 Pizza	210	400	18	9	0.5	40	3	4	22	55	980	7	27	14
	Xlarge 16"	1/8 Pizza	200	380	17	9	0.5	38	2	4	21	50	940	6	27	13
31	PESTO CHICKEN PIZZA															
	Personal 8"	1 Pizza	320	710	31	13	0.5	71	5	8	34	75	1360	11	38	28
	Small 10"	1/3 Pizza	188	420	18	8	0.4	42	3	5	20	45	800	6	23	17
	Medium 12"	1/4 Pizza	211	470	21	9	0.5	47	3	5	23	50	900	7	23	19
	Large 14"	1/6 Pizza	188	420	18	8	0.4	42	3	5	20	45	800	6	23	17
	Xlarge 16"	1/7 Pizza	209	460	20	9	0.5	46	3	5	22	50	880	7	23	19
32	SPICY PANEER PIZZA															
	Personal 8"	1 Pizza	330	890	44	19	0.5	82	4	16	34	80	1410	7	46	25
	Small 10"	1/3 Pizza	186	500	25	10	0.4	46	2	9	19	45	790	4	27	14
	Medium 12"	1/4 Pizza	207	560	28	12	0.5	52	3	10	21	50	890	5	27	17
	Large 14"	1/6 Pizza	188	510	25	11	0.4	47	2	9	19	45	800	4	27	14
	Xlarge 16"	1/7 Pizza	210	570	28	12	0.5	52	3	10	21	50	900	5	31	17
33	SWEET & SPICY LOVERS PIZZA															
	Personal 8"	1 Pizza	340	710	29	13	0.4	77	5	13	36	80	1790	16	38	31

GOURMET PIZZA

Nutrition Facts														% Daily Value		
No	ITEM	Serving Size	Wights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietory Fiber (g)	Sugars (g)	Protein (g)	Cholestrol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %
GOURMET PIZZA	Small 10"	1/3 Pizza	202	420	17	7	0.2	45	3	8	22	50	1060	10	23	19
	Medium 12"	1/5 Pizza	184	390	16	7	0.2	41	2	7	20	45	970	9	19	17
	Large 14"	1/6 Pizza	206	430	18	8	0.2	46	3	8	22	50	1080	10	23	19
	Xlarge 16"	1/8 Pizza	200	420	17	7	0.2	45	3	8	21	45	1050	10	23	19
	34 EXOTIC LOVERS PIZZA															
	Personal 8"	1 Pizza	328	730	32	15	0.4	71	5	9	37	85	1850	17	35	33
	Small 10"	1/3 Pizza	193	430	19	9	0.2	42	3	5	21	50	1090	11	23	19
	Medium 12"	1/4 Pizza	221	490	22	10	0.2	48	3	6	25	55	1240	12	23	22
	Large 14"	1/6 Pizza	198	440	20	9	0.2	43	3	5	22	50	1110	11	23	19
	Xlarge 16"	1/8 Pizza	189	420	19	8	0.2	41	3	5	21	50	1060	10	19	19
35 BUTTER CHICKEN PIZZA																
Personal 8"	1 Pizza	314	720	30	15	0.4	75	4	8	36	90	1350	13	38	28	
Small 10"	1/3 Pizza	177	410	17	8	0.2	42	2	4	20	50	760	7	23	17	
Medium 12"	1/4 Pizza	199	450	19	9	0.2	47	3	5	23	60	850	9	23	17	
Large 14"	1/5 Pizza	209	480	20	10	0.2	50	3	5	24	60	900	9	27	19	
Xlarge 16"	1/7 Pizza	189	430	18	9	0.2	45	3	5	22	55	810	7	23	17	
36 CILANTRO CHILLI CHICKEN PIZZA																
Personal 8"	1 Pizza	299	660	29	12	0.5	75	4	9	33	65	1360	14	38	28	
Small 10"	1/3 Pizza	173	380	17	7	0.4	43	2	5	19	40	790	7	23	17	
Medium 12"	1/4 Pizza	194	430	19	8	0.4	49	3	6	21	45	890	9	23	19	
Large 14"	1/5 Pizza	207	450	20	8	0.5	52	3	7	23	45	950	10	27	19	
Xlarge 16"	1/7 Pizza	189	410	18	7	0.4	47	3	6	21	40	860	9	23	19	
37 TANDOORI CHICKEN PIZZA																
Personal 8"	1 Pizza	320	640	23	11	0.4	71	5	9	35	70	1280	14	38	31	
Small 10"	1/3 Pizza	188	370	14	7	0.2	42	3	5	20	40	750	9	23	17	
Medium 12"	1/4 Pizza	218	430	16	8	0.2	49	3	6	24	45	870	10	27	19	
Large 14"	1/6 Pizza	196	390	14	7	0.2	44	3	6	21	40	780	9	23	19	
Xlarge 16"	1/8 Pizza	189	380	14	7	0.2	42	3	5	20	40	750	9	23	17	
38 GREEK PIZZA																
Personal 8"	1 Pizza	302	650	26	13	0.5	74	4	10	29	60	1230	12	42	31	
Small 10"	1/3 Pizza	175	380	15	8	0.4	43	3	6	17	35	720	7	23	17	
Medium 12"	1/4 Pizza	196	420	17	9	0.4	48	3	7	19	35	800	7	27	19	
Large 14"	1/5 Pizza	210	460	18	9	0.5	52	3	7	20	40	860	9	27	19	
Xlarge 16"	1/7 Pizza	198	430	17	9	0.4	49	3	7	19	40	810	9	27	19	
39 SPICY GINGER & CILANTRO PIZZA																
Personal 8"	1 Pizza	299	580	22	11	0.3	71	5	11	25	45	1270	12	35	25	
Small 10"	1/3 Pizza	182	350	13	7	0.2	43	3	7	15	30	770	7	19	17	
Medium 12"	1/4 Pizza	207	400	15	7	0.2	49	3	8	17	35	880	9	23	19	
Large 14"	1/6 Pizza	186	360	13	7	0.2	44	3	7	15	30	790	7	23	17	
Xlarge 16"	1/7 Pizza	203	390	15	7	0.2	48	3	8	17	30	870	7	23	17	
40 BUTTER PANEER PIZZA																
Personal 8"	1 Pizza	295	760	36	19	0.5	72	4	8	35	90	1080	10	50	28	
Small 10"	1/3 Pizza	167	430	20	11	0.4	41	2	4	20	50	610	5	27	14	
Medium 12"	1/4 Pizza	193	490	23	13	0.4	47	3	5	23	60	700	6	31	17	
Large 14"	1/5 Pizza	202	520	24	13	0.5	49	3	5	24	60	740	6	35	19	
Xlarge 16"	1/6 Pizza	212	540	25	14	0.5	52	3	5	25	65	770	7	35	19	
41 PANEER TIKKA PIZZA																
Personal 8"	1 Pizza	295	740	34	18	0.3	71	4	9	37	85	1040	11	50	28	
Small 10"	1/3 Pizza	175	440	20	11	0.2	42	2	5	22	50	620	6	31	17	
Medium 12"	1/4 Pizza	199	500	23	12	0.2	48	3	6	25	55	700	7	35	19	
Large 14"	1/5 Pizza	210	520	24	13	0.2	51	3	6	26	60	740	7	35	19	
Xlarge 16"	1/7 Pizza	191	480	22	12	0.2	46	3	6	24	55	670	6	35	19	

Nutrition Facts														% Daily Value		
No	ITEM	Serving Size	Wights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Cholestrol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %
EXTRAS	Regular	1/2 Package	111	230	17	4	0.2	14	2	2	7	25	680	5	6	8
	Large	1/6 Package	106	210	15	3.5	0.2	12	2	2	6	20	580	4	4	8
	12 GREEK SALAD															
	Regular	1/3 Package	95	100	8	2	0.1	5	1	3	2	5	300	3	3	2
	Large	1/8 Package	99	100	8	2	0.1	5	1	3	2	5	310	3	3	2
	13 CHICKEN TACO SALAD															
Regular	1/8 Package	98	80	4.5	2.5	0.1	4	1	2	6	20	220	4	6	2	
Large	1/4 Package	93	80	4	2.5	0.1	4	1	2	7	20	230	4	4	2	

DIPS																
DIPS	1 RANCH DIP 44ml	1 Container	44ml	200	21	3	0.3	3	0	3	1	5	340	0	2	0
	2 CREAMY GARLIC DIP 44ml	1 Container	44ml	230	25	3.5	0.2	2	0	1	0.3	10	230	0	0	0
	3 CHEDDAR CHIPOTLE DIP 44ml	1 Container	44ml	210	22	3.5	0.4	3	0	1	1	15	440	0	2	0
	4 BARBECUE DIP 44ML	1 Container	44ml	90	0.2	0	0	22	0	20	1	0	680	0	2	4
	5 SPICY BUFFALO DIP 44ML	1 Container	44ml	60	2.5	0	0	10	0	8	0.4	0	820	0	0	2

DESSERTS																
DESSERTS	1 TIRAMISU CHEESECAKE SLICE	1 Slice	68	220	13	8	0	23	1	19	3	60	150		4	2
	2 CHOCOLATE CHIP CHEESECAKE S	1 Slice	74	280	19	12	0.5	25	0	18	4	75	210	2	4	6
	3 STRAWBERY CHEESECAKE SLICE	1 Slice	74	250	17	11	0.5	22	0	16	4	75	220	0	4	0
	4 CHOCOLATE LAVA CAKE SLICE	1/2 Slice	57	190	8	2.5	0.3	24	1	16	2	35	150		2	15

BEVERAGES																
BEVERAGES	1 COKE	355 ml	355ml	140	0	0	0	39	0	39	0	0	25	0	0	0
	COKE	2Ltr	355ml	140	0	0	0	39	0	39	0	0	25	0	0	0
	2 DIET COKE	355 ml	355ml	0	0	0	0	0	0	0	0.1	0	40	0	0	0
	DIET COKE	2Ltr	355ml	0	0	0	0	0	0	0	0.1	0	40	0	0	0
	3 COKE ZERO	355 ml	355 ml	0	0	0	0	0	0	0	0.1	0	30	0	0	0
	COKE ZERO	2Ltr	355 ml	0	0	0	0	0	0	0	0.1	0	30	0	0	0
	4 PEPSI	355 ml	355ml	150	0	0	0	42	0	41	0	0	15	0	0	0
	PEPSI	2Ltr	355ml	150	0	0	0	42	0	41	0	0	15	0	0	0
	5 DIET PEPSI	355 ml	355ml	0	0	0	0	0	0	0	0.1	0	25	0	0	0
	DIET PEPSI	2Ltr	355ml	0	0	0	0	0	0	0	0.1	0	25	0	0	0
	6 7 UP	355 ml	355 ml	140	0	0	0	39	0	38	0	0	45	0	0	0
	7 UP	2Ltr	355 ml	140	0	0	0	39	0	38	0	0	45	0	0	0
	7 CANADA DRY GINGER ALE	355 ml	355 ml	140	0	0	0	35	0	34	0	0	50	0	0	0
	CANADA DRY GINGER ALE	2Ltr	355 ml	140	0	0	0	35	0	34	0	0	50	0	0	0
	8 A&W ROOT BEER	355 ml	355ml	170	0	0	0	43	0	43	0	0	40	0	0	0
	A&W ROOT BEER	2Ltr	355ml	170	0	0	0	43	0	43	0	0	40	0	0	0
	9 DR PEPPER	355 ml	355ml	140	0	0	0	38	0	38	0	0	55	0	0	0
	DR PEPPER	2Ltr	355ml	140	0	0	0	38	0	38	0	0	55	0	0	0
	10 ORANGE CRUSH	355 ml	355ml	180	0	0	0	48	0	48	0	0	65	0	0	0
	ORANGE CRUSH	2Ltr	355ml	180	0	0	0	48	0	48	0	0	65	0	0	0

NOTE: We put Sesame SeedS as topping on outer ring of crust on all our pizza types. Please contact restaurant to remove when order by phone or unselect sesame seeds while ordering online.

CRUSTS																
CRUSTS	Serving is based on certain portion size as they differ for each pizza type and product.															
	Traditional Crust	Per 100g 12" Pizza	40	98	1	0	0	18	1	1	3	0	78	29		
	Thin Crust	Per 100g 12" Pizza	40	98	1	0	0	18	1	1	3	0	78	29		
	Cauliflower crust	Per 100g 10" Pizza	34	78	2	1	0	12	1	1	2	7	154			
	Keto crust	Per 100g 10" Pizza	39	117	7	1	0	6	5	0	5	0	121			
Gluten Free Crust	Per 100g 10" Pizza	27	80	2	0.5	0	15	0.5	0.5	1	0	100				

BASE SAUCES																
BASE SAUCES	Serving is based on certain portion size as they differ for each pizza type and product.															
	Alfredo sauce	Per 100g 12" Pizza	12	16	1	1	0	1	0	0	0	3	94	0		
	Ancho Sauce	Per 100g 12" Pizza	20	74	5	1	0	5	0	4	0	3	160			
	BBQ Sauce	Per 100g 12" Pizza	20	44	0	0	0	9	0	6	0	0	271			
	Butter Sauce	Per 100g 12" Pizza	3	7	1	0	0	0	0	0	0	1	15	5		
	Honey Garlic Sauce	Per 100g 12" Pizza	20	34	0	0	0	8	0	7	0	0	57			
	Pesto Sauce	Per 100g 12" Pizza	3	13	1	0	0	0	0	0	0	1	34	4		
	Pizza Sauce	Per 100g 12" Pizza	23	20	1	0	0	3	0	2	0	0	121	92		
Pizza Sauce - No added sugar	Per 100g 12" Pizza	19	9	0	0	0	2	1	2	1	0	43				

Nutrition Facts													% Daily Value				
No	ITEM	Serving Size	Weights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Cholesterol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %	
	Ranch Sauce	Per 100g 12" Pizza	16	59	6	1	0	1	0	1	0	5	122	0			
	Salsa Sauce	Per 100g 12" Pizza	16	5	0	0	0	1	0	1	0	0	75	32			
	Sour Cream Sauce 5%	Per 100g 12" Pizza	5	1	0	0	0	1	0	0	0	1	8				
	Teriyaki Sauce	Per 100g 12" Pizza	20	27	0	0	0	7	0	4	1	0	262				
MEAT TOPPINGS	Serving is based on certain portion size as they differ for each pizza type and product.																
	Alfredo chicken	Per 100g 12" Pizza	11	12	0	0	0	0	0	0	2	5	67	26			
	Bacon	Per 100g 12" Pizza	10	35	3	1	0	0	0	0	2	7	118	44			
	BBQ chicken	Per 100g 12" Pizza	13	19	0	0	0	2	0	2	2	4	108	41			
	BBQ Shrimp	Per 100g 12" Pizza	12	19	0	0	0	3	0	2	1	8	104	22			
	Beef	Per 100g 12" Pizza	10	18	1	0	0	1	0	0	2	5	112	8			
	Butter chicken	Per 100g 12" Pizza	19	27	1	1	0	1	0	0	3	10	96	60			
	Chicken	Per 100g 12" Pizza	23	23	0	0	0	0	0	0	5	13	115				
	Chipotle Chicken (Marinated)	Per 100g 12" Pizza	13	13	2	0	0	1	0	0	2	5	94	49			
	Chorizo Sausage	Per 100g 12" Pizza	9	29	2	1	0	0	0	0	1	5	79	30			
	Ham	Per 100g 12" Pizza	18	16	0	0	0	1	0	0	3	9	279	36			
	Honey Garlic Chicken	Per 100g 12" Pizza	13	17	0	0	0	2	0	2	2	5	54	31			
	Hot Capicollo	Per 100g 12" Pizza	8	9	1	0	0	0	0	0	0	0	128	4	48		
	Hot Chicken	Per 100g 12" Pizza	13	10	0	0			0	0	2	0	192	42			
	Italian sausage	Per 100g 12" Pizza	9	34	3	1	0	0	0	0	1	6	92	23			
	Lean Beef	Per 100g 12" Pizza		16	0.7	0.3	0	0.2	0	0.1	2	6	57				
	Lemon Shrimp	Per 100g 12" Pizza	0.09	6	1	0	0	0	0	0	0	26	12	15			
	Pepperoni	Per 100g 12" Pizza	11	22	1	1	0	1	0	0	2	7	123	22			
	Pesto chicken	Per 100g 12" Pizza	12	19	1	0	0	0	0	0	2	6	74				
	Philly Beef	Per 100g 12" Pizza	12	19	1	0	0	0	0	0	3	7	69	28			
Ranch Chicken	Per 100g 12" Pizza	11	21	2	0	0	0	0	0	1	5	65	27				
Salami	Per 100g 12" Pizza	4	9	1	0	0	0	0	0	1	2	43	10				
Shrimp Cooked	Per 100g 12" Pizza	8	6	0	0	0	0	0	0	1	12	26	14				
Spicy Chicken	Per 100g 12" Pizza	12	15	1	0	0	1	0	0	2	5	121	33				
Spicy Italian Sausage	Per 100g 12" Pizza	5	12	1	0	0	0	0	0	1	3	55	14				
Tandoori chicken	Per 100g 12" Pizza	15	15	0	0	0	1	0	0	3	6	10	41				
Teriyaki Chicken	Per 100g 12" Pizza	12	14	2	0	0	0	2	0	1	99	4	28				
VEGGIE TOPPINGS	Serving is based on certain portion size as they differ for each pizza type and product.																
	Avocados, raw, Florida	Per 100g 12" Pizza	9	11	1	0		1	1	0	0	0	0	32			
	Banana Peppers	Per 100g 12" Pizza	4	1	0	0	0	0	0	0	0	0	6	4			
	Black olives	Per 100g 12" Pizza	10	6	0	0	0	2	0	2	0	0	0				
	Chilli Flakes	Per 100g 12" Pizza	1	3	0	0	0	0.6	0.1	0.4	0.1		0				
	Cilantro (coriander), raw	Per 100g 12" Pizza	1	0	0	0	0	0	0	0	0	0	1	6			
	Garlic (raw)	Per 100g 12" Pizza	2	3	0	0		1	0	0	0	0	0	8			
	Ginger Root, raw	Per 100g 12" Pizza	1	1	0	0		0	0	0	0	0	0	4			
	Green Pepper (bell, raw)	Per 100g 12" Pizza	7	1	0	0	0	0	0	0	0	0	0	12			
	Jalapeno Peppers	Per 100g 12" Pizza	6	1	0	0	0	0	0	0	0	0	0	108	11		
	Lettuce iceberg (includes crisphead types), raw	Per 100g 12" Pizza	35	5	0	0		1	0	1	0	0	3				
	Mushrooms (Fresh)	Per 100g 12" Pizza	5	1	0	0	0	0	0	0	0	0	0	16			
	Onions, red, raw	Per 100g 12" Pizza	8	3	0	0	0	1	0	0	0	0	0				
	Pineapple	Per 100g 12" Pizza	9	6	0	0		1	0	1	0	0	0	11			
	Potato Wedges (Roasted)	Per 100g 12" Pizza	10	14	0	0	0	2	0	0	0	0	32	35			
	Red Peppers (bell, raw)	Per 100g 12" Pizza	5	2	0	0		0	0	0	0	0	0	11			
	Romaine, raw	Per 100g 12" Pizza	49	8	0	0	0	2	1	1	1	0	4				
Spinach (raw)	Per 100g 12" Pizza	4	1	0	0		0	0	0	0	0	3	22				
Tomato, raw	Per 100g 12" Pizza	11	2	0	0	0	0	0	0	0	0	1	26				
CHEESE TOPPINGS	Serving is based on certain portion size as they differ for each pizza type and product.																
	Mozzarella Cheese 20%	Per 100g 12" Pizza	16	48	3	2	0	0	0	0	4	11	107	15			
	Mozzarella Cheese 28%	Per 100g 12" Pizza	23	86	7	5	0	0	0	0	6	19	156	20			
	Butter Paneer	Per 100g 12" Pizza	16	45	3	2	0	1	0	0	3	10	30	19			
	Cheddar Cheese	Per 100g 12" Pizza	8	32	3	2	0	0	0	0	2	7	64				
	Cheese, parmesan, grated	Per 100g 12" Pizza	3	13	1	1	0	0	0	0	1	3	46	4			
	Feta Cheese	Per 100g 12" Pizza	8	23	2	1	0	0	0	0	1	6	131				
	Paneer Tikka	Per 100g 12" Pizza	16	46	3	2		1	0	0	3	11	10	17			
Parmesan Cheese (grated)	Per 100g 12" Pizza	1	4	0	0		0	0	0	0	1	15	1				

Nutrition Facts														% Daily Value			
No	ITEM	Serving Size	Wights (g)	Calorie	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Cholestrol (mg)	Sodium (mg)	Potassium %	Calcium %	Iron %	
	Spicy Paneer (Spicy Cottage Cheese)	Per 100g 12" Pizza	12	40	3	1	0	1	0	1	2	6	36	9			
	Vegan cheese	Per 100g 12" Pizza	25	82	7	6	0	6	0	0	0	0	214				
CONDIMENTS	Serving is based on certain portion size as they differ for each pizza type and product.																
		Buffalo Sauce	Per 100g 12" Pizza	20	36	3	0	0	2	0	2	0	2	411			
		Creamy Caesar Dressing	Per 100g 12" Pizza	27	94	9	2	0	2	0	1	1	9	246			
		Croutons	Per 100g 12" Pizza	13	54	2	0	0	9	0	0	1	0	164			
		Garlic spread	Per 100g 12" Pizza	6	41	4	1	0	0	0	0	0	0	47	0		
		Greek Feta Dressing	Per 100g 12" Pizza	22	68	7	1	0	1	0	1	0	1	199			
		Hot Cayenne Pepper Sauce	Per 100g 12" Pizza	20	2	0	0	0	0	0	0	0	0	851			
		Lemon Juice (raw)	Per 100g 12" Pizza	1	0	0	0	0	0	0	0	0	0	0	1		
		Salt, seasoned	Per 100g 12" Pizza	0.22	0	0	0	0	0	0	0	0	0	70			
		Sesame Seeds	Per 100g 12" Pizza	3	17	1.5	0.2		0.7	0.4	0	0.5		0.3	0	2	2
		Sour Cream Sauce 14%	Per 100g 12" Pizza	15	25	2	1	0	1	0	0	0	3	15			
		Sugar, white, granulated	Per 100g 12" Pizza	1	4	0	0	0	1	0	1	0	0	0			
		Thai Chili sauce	Per 100g 12" Pizza	20	47	0	0	0	10	0	9	0	0	227			
	Vanilla Frosting	Per 100g 12" Pizza	23	98	3	1	0	16	0	13	0	0	49				