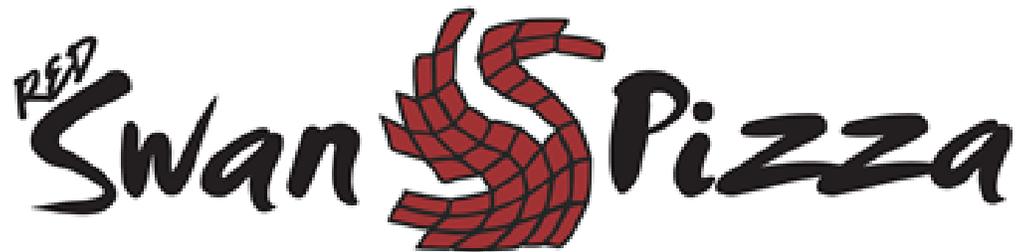


Allergens list



Daily Calorie Requirements:

On average, adults and youth (ages 13 and older) need 2,000 calories a day, and children (ages 4 to 12) need 1,500 calories a day. (source www.ontario.ca)

NOTE: We put Sesame Seeds as a topping on outer ring of crust on all our pizza types. Please contact restaurant to remove when ordering by phone or unselect sesame seeds while ordering online.

The nutrition information is generated in partnership with a professional nutrition services firm. The ingredient listings are provided by ingredient manufacturers as well as nutrition standard data available for certain products. Although this data is based on standard portion product guidelines, variation can be expected due to seasonal influences, product substitution, differences in product assembly per restaurant and other factors. Red Swan Pizza Restaurants, Swan Pizza Limited and its franchisees do not assume responsibility for sensitivity or allergic reactions to any food provided at its restaurants. If you have any questions about special dietary needs you should consult your doctor or a licensed registered Dietitian. Menu items and hours of availability may vary at participating locations. Except for limited time offerings or test market items, menu product included in the brochure are based on current formulations and product suppliers as of date of publication. Substitution of ingredients may alter nutritional values. If you have any questions about Red Swan Pizza and nutrition or are particularly sensitive to specific ingredients or foods, please contact us at info@redswanpizza.com or visit us on the web at www.redswanpizza.ca. Updated: June, 2021.

Food Allergen & Sensitivity

Customers with allergies and allergy-related questions can contact the restaurant manager at info@redswanpizza.com.

Please be aware that Red Swan Pizza products may have come into contact with nuts, peanuts and other possible allergens. All our crust includes Sesame Seeds as topping on the outer crust (Cornicione). Red Swan Pizza is serving foods that are not in sealed packages and come from various vendors, we unfortunately cannot guarantee a 100% allergy-free environment. People with severe allergies and sensitivities should be cautious when introducing Red Swan Pizza products into their diet and should do so at their own risk. Red Swan Pizza, Swan Pizza Limited, it's directors, shareholders, franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food provided in our restaurants.

NOTE: We put Sesame Seeds as a topping on the outer ring of crust on all our pizza types.

| C = Contains MC = May Contain | | RED SWAN PIZZA ALLERGENS INFORMATION | | | | | | | | | | | |
|----------------------------------|------|--------------------------------------|-----------|---------|----------------------|------|-----|----------------|-----|-------|---------|-----------|--------|
| No | Item | Peanuts | Tree Nuts | Sesame* | Milk & Milk Products | Eggs | Rye | Fish/Shellfish | Soy | Wheat | Mustard | Sulphites | Gluten |

*NOTE: We put Sesame Seeds as a topping on the outer ring of crust on all of our pizza types. Please contact restaurant to remove when ordering by phone or unselect sesame seeds while ordering online.

| TRADITIONAL & GOURMET PIZZA | | | | | | | | | | | | | |
|-----------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|
|-----------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|

| | | | | | | | | | | | | | |
|--------|--------------------------------|--|----|---|---|----|---|---|----|---|----|----|---|
| 1 | DOUBLE CHEESE PIZZA | | | C | C | | | | | C | | | C |
| 2 | THREE CHEESE PIZZA | | | C | C | | | | | C | | | C |
| 3 | PEPPERONI MUSHROOM PIZZA | | | C | C | | | | | C | | | C |
| 4 | PEPPERONI BACON MUSHROOM PIZZA | | | C | C | | | | | C | | | C |
| 5 | PEPPERONI PIZZA | | | C | C | | | | | C | | | C |
| 6 | HAWAIIAN PIZZA | | | C | C | | | | | C | | | C |
| 7 | BEEF & BACON PIZZA | | | C | C | | | | C | C | | | C |
| 8 | BBQ SHRIMP PIZZA | | | C | C | | C | C | | C | C | | C |
| 9 | HONEY GARLIC CHICKEN PIZZA | | | C | C | MC | | | C | C | | | C |
| 10 | CLASSIC ROMAN PIZZA | | | C | C | | | | | C | | | C |
| 11 | CANADIAN CLASSIC PIZZA | | | C | C | | | | | C | | | C |
| 12 | LEMON GARLIC SHRIMP PIZZA | | | C | C | | | C | C | C | | C | C |
| 13 | PHILLY'S BEEF PIZZA | | | C | C | C | | | C | C | | | C |
| 14 | VEGGIE FANS PIZZA | | | C | C | | | | | C | | C | C |
| 15 | BBQ CHICKEN PIZZA | | | C | C | MC | C | | | C | C | | C |
| 16 | THREE CHEESE SPINACH PIZZA | | | C | C | | | | | C | | | C |
| 17 | TUSCAN PIZZA | | | C | C | MC | | | C | C | | | C |
| 18 | TERIYAKI CHICKEN PIZZA | | | C | C | MC | | | C | C | | | C |
| 19 | CHICKEN BACON RANCH PIZZA | | | C | C | C | | | C | C | | | C |
| 20 | ALFREDO CHICKEN BACON PIZZA | | | C | C | MC | | | | C | | | C |
| 21 | CREAMY AVOCADO PIZZA | | | C | C | | | | | C | | C | C |
| 22 | SPICY PEROGY PIZZA | | | C | C | | | | C | C | | C | C |
| 23 | SPICY CHICKEN PIZZA | | | C | C | C | | | C | C | | C | C |
| 24 | CHICKEN SUPREME PIZZA | | | C | C | MC | | | | C | | | C |
| 25 | PICANTE PIZZA | | | C | C | | | | C | C | | | C |
| 26 | ALL MEAT PIZZA | | | C | C | | | | C | C | | | C |
| 27 | ALL DRESSED PIZZA | | | C | C | | | | C | C | | | C |
| 28 | ITALIAN SUPREME PIZZA | | | C | C | | | | | C | | | C |
| 29 | MEAT FANS PIZZA | | | C | C | | | | C | C | | | C |
| 30 (A) | BEEF TACO PIZZA | | | C | C | | | | C | C | | | C |
| 30 (B) | CHICKEN TACO PIZZA | | | C | C | MC | | | | C | | | C |
| 31 | PESTO CHICKEN PIZZA | | MC | C | C | MC | | | MC | C | | MC | C |
| 32 | SPICY PANEER PIZZA | | | C | C | C | | | C | C | C | | C |
| 33 | SWEET & SPICY LOVERS PIZZA | | | C | C | C | | | C | C | | C | C |
| 34 | EXOTIC LOVERS PIZZA | | | C | C | C | | | C | C | | C | C |
| 35 | BUTTER CHICKEN PIZZA | | | C | C | MC | | | C | C | | | C |
| 36 | CILANTRO CHILLI CHICKEN PIZZA | | | C | C | MC | | | | C | | | C |
| 37 | TANDOORI CHICKEN PIZZA | | | C | C | MC | | | C | C | | C | C |
| 38 | GREEK PIZZA | | | C | C | | | | | C | | | C |
| 39 | SPICY GINGER & CILANTRO PIZZA | | | C | C | | | | | C | | | C |
| 40 | BUTTER PANEER PIZZA | | | C | C | | | | C | C | | | C |
| 41 | PANEER TIKKA PIZZA | | MC | C | C | | | | | C | MC | C | C |

| C = Contains MC = May Contain | | RED SWAN PIZZA ALLERGENS INFORMATION | | | | | | | | | | | |
|--|-----------------------------------|--------------------------------------|-----------|---------|----------------------|------|-----|----------------|-----|-------|---------|-----------|--------|
| No | Item | Peanuts | Tree Nuts | Sesame* | Milk & Milk Products | Eggs | Rye | Fish/Shellfish | Soy | Wheat | Mustard | Sulphites | Gluten |
| *NOTE: We put Sesame Seeds as a topping on the outer ring of crust on all of our pizza types. Please contact restaurant to remove when ordering by phone or unselect sesame seeds while ordering online. | | | | | | | | | | | | | |
| SPECIALTY PIZZA | | | | | | | | | | | | | |
| | CAULIFLOWER CRUST PEPPERONI PIZZA | | | C | C | C | | | MC | C | | C | C |
| | KETO UNCRUST PEPPERONI PIZZA | | C | C | C | MC | | | MC | C | | | C |
| | VEGAN VEGGIE FEAST PIZZA | | | C | | | | | | C | | | C |
| EXTRAS | | | | | | | | | | | | | |
| 1 | NACHOS | | | | C | MC | | MC | MC | MC | MC | C | MC |
| 2 | DRY RIBS | | | | | | C | | C | C | C | C | C |
| 3 | BONELESS CHICKEN BITES | | | | | | | | | | | | |
| | Hot | | | | | | | | C | C | | | C |
| | Teriyaki | | | | | | | | C | C | | | C |
| | Honey Garlic | | | | | | | | C | C | | | C |
| | BBQ | | | | | | C | | C | C | C | | C |
| | Thai Chilli | | | | | | | | C | C | | | C |
| | Buffalo | | | | C | C | | | C | C | | | C |
| | Ancho Chipotle | | | | C | C | | | C | C | C | | C |
| | No Dip | | | | | | | | C | C | | | C |
| 4 | CHICKEN WINGS (Breaded) | | | | | | | | | | | | |
| | Hot | | | | | MC | | | MC | C | | | C |
| | Teriyaki | | | | | MC | | | C | C | | | C |
| | Honey Garlic | | | | | MC | | | C | C | | | C |
| | BBQ | | | | | MC | C | | MC | C | C | | C |
| | Thai Chilli | | | | | MC | | | MC | C | | | C |
| | Buffalo | | | | C | C | | | C | C | | | C |
| | Ancho Chipotle | | | | C | C | | | MC | C | C | | C |
| | No Dip | | | | | MC | | | MC | C | | | C |
| 5 | POTATO WEDGES | | | | | | | | MC | C | | | C |
| 6 | GARLIC BREAD STICKS | | | | C | | | | C | C | | | C |
| 7 | GARLIC CHEESE STICKS | | | | C | | | | C | C | | | C |
| 8 | CINNAMON STICKS | | | | MC | | | | C | C | | | C |
| 9 | VEGGIE RANCH STICKS | | | | C | C | | | C | C | | C | C |
| 10 | BACON RANCH STICKS | | | | C | C | | | C | C | | C | C |
| 11 | CAESAR SALAD | | | | C | C | | C | C | C | | | C |
| 12 | GREEK SALAD | | | | C | | | | C | | | | |
| 13 | CHICKEN TACO SALAD | | | | C | MC | | | | MC | | C | MC |
| DIPS | | | | | | | | | | | | | |
| 1 | RANCH DIP 44ml | | | | C | C | | | C | | C | | |
| 2 | CREAMY GARLIC DIP 44ml | | | | C | C | | | C | | C | | |
| 3 | CHEDDAR CHIPOTLE DIP 44ml | | | | C | C | | | C | | C | | |
| 4 | BARBECUE DIP 44ML | | | | | | | | | | C | | |
| 5 | SPICY BUFFALO DIP 44ML | | | | | | | | C | | | | |
| DESSERTS | | | | | | | | | | | | | |
| 1 | TIRAMISU CHEESECAKE SLICE | MC | MC | | C | C | | | C | C | | | C |
| 2 | CHOCOLATE CHIP CHEESECAKE SLICE | MC | MC | | C | C | | | C | C | | | C |
| 3 | STRAWBERRY CHEESECAKE SLICE | MC | MC | | C | C | | | C | C | | | C |
| 4 | CHOCOLATE LAVA CAKE SLICE | | MC | MC | C | C | | | C | C | | | C |

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|--|------------------------------|--------------------------------------|-----------|---------|----------------------|------|-----|----------------|-----|-------|---------|-----------|--------|
| No | Item | Peanuts | Tree Nuts | Sesame* | Milk & Milk Products | Eggs | Rye | Fish/Shellfish | Soy | Wheat | Mustard | Sulphites | Gluten |
| *NOTE: We put Sesame Seeds as a topping on the outer ring of crust on all of our pizza types. Please contact restaurant to remove when ordering by phone or unselect sesame seeds while ordering online. | | | | | | | | | | | | | |
| CRUSTS | | | | | | | | | | | | | |
| | Traditional Crust | | | C | | | | | | C | | | C |
| | Thin Crust | | | C | | | | | | C | | | C |
| | Cauliflower Crust | | | C | C | C | | | MC | | | C | |
| | Keto Uncrust | | C | C | MC | MC | | | MC | | | | |
| | Gluten Free Crust | | | C | | MC | | | MC | | | C | |
| BASE SAUCES | | | | | | | | | | | | | |
| | Alfredo sauce | | | | C | | | | | | | | |
| | Ancho Sauce | | | | C | C | | | C | | C | | |
| | BBQ Sauce | | | | | | C | | | | C | | C |
| | Butter Sauce | | | | C | | | | C | | | | |
| | Honey Garlic Sauce | | | | | | | | C | C | | | C |
| | Pesto Sauce | | MC | | C | | | | MC | MC | | MC | MC |
| | Pizza Sauce | | | | | | | | | | | | |
| | Pizza Sauce - No added sugar | | | | | | | | | | | | |
| | Ranch Sauce | | | | C | C | | | C | | | | |
| | Salsa Sauce | | | | | | | | | | | | |
| | Sour Cream Sauce 5% | | | | C | | | | | | | | |
| | Teriyaki Sauce | | | | | | | | C | C | | | C |
| MEAT TOPPINGS | | | | | | | | | | | | | |
| | Alfredo chicken | | | | C | MC | | | | MC | | | MC |
| | Bacon | | | | | | | | | | | | |
| | BBQ chicken | | | | | MC | C | | | MC | C | | C |
| | BBQ Shrimp | | | | | | C | C | | | C | | C |
| | Beef | | | | | | | | C | | | | |
| | Butter chicken | | | | C | MC | | | C | MC | | | MC |
| | Chicken | | | | | MC | | | | MC | | | MC |
| | Chipotle Chicken (Marinated) | | | | | MC | | | | MC | | | MC |
| | Chorizo Sausage | | | | | | | | | | | | |
| | Ham | | | | | | | | | | | | |
| | Honey Garlic Chicken | | | | | MC | | | C | C | | | C |
| | Hot Capicollo | | | | C | C | | | C | C | | | C |
| | Hot Chicken | | | | | MC | | | | MC | | | MC |
| | Italian sausage | | | | | | | | | | | | |
| | Lean Beef | | | | | | | | C | | | | |
| | Lemon Shrimp | | | | | | | C | | | | C | |
| | Pepperoni | | | | | | | | | C | | | C |
| | Pesto chicken | | MC | | C | MC | | | MC | MC | | MC | MC |
| | Philly Beef | | | | | | | | C | | | | |
| | Ranch Chicken | | | | C | C | | | C | MC | | | MC |
| | Salami | | | | | | | | C | | | | |
| | Shrimp Cooked | | | | | | | C | | | | | |
| | Spicy Chicken | | | | C | C | | | C | C | | | C |
| | Spicy Italian Sausage | | | | MC | | | | C | | | | MC |
| | Tandoori chicken | | | | C | MC | | | C | MC | | C | MC |
| | Teriyaki Chicken | | | | | MC | | | C | C | | | C |

